

“If you're really worried a loved one with Autism might never truly enjoy life to the full - Then this may be the most critically important website you'll ever read...

“Finally, You Too Can Join Others Who Have Discovered Simple Methods To Effectively Spot The 31 Signs of Autism & Learnt Critical Information To Maximize the Potential of Someone With Autism - Guaranteed.”

Continue reading to learn how others like you overcame confusion & uncertainty & discovered the "best" treatment options for their loved one with autism...

Rachel Evans
Rachel Evans

“ The essential guide to autism has been an absolute godsend to me, with a whole wealth of useful information. Rachel, thanks for the updates.”

Judith, US

From Rachel Evans



Re: Improve The Life of A Loved One With Autism

Dear Parent or Caregiver

Hello, my name's Rachel Evans...

And in the next few moments I'm going to share some thing that may "shock" you...

I was certainly shocked when I first saw this information.

I'm also going to share with you some critical "know-how" - Including how you can quickly increase your understanding of autism and proven methods that **improve the life of someone with autism.**

You'll also discover simple ways to spot the sometimes confusing signs and symptoms of Autism, and what to do about them.

Plus, information on the current treatment options available (that really work) to help you **make the right decisions for your loved ones.**

But first I'd like to answer the burning question which is probably at the front of your mind...

Why I'm sharing this information...?

Well, it's simply because I know what it's like to be worried, confused and unsure about what to do for the best for a loved one with autism.

It often feels a lonely and confusing "place" to be...

So let me share with you how you can get rid of those concerns...

However, the first thing you should know right off the bat is you're not alone.

Shocking Information - Did You Know That...

- **1 in every 150 babies** born has Autism (and some reports suggest the numbers are even greater than that)
- Autism is the **fastest growing developmental disability**. In the U.S. alone, autism increased by 172% during the 1990s

So, as you can see, the number of diagnosed cases of autism is growing fast...

When I first saw this information, like most people, I was shocked how the number of cases were growing year-on-year...

However, even with this increase, if you were to ask most people about autism they'd still think much like I did when I first heard about it...

I'm embarrassed to say that all I knew about autism when I first heard of it was from watching the film "Rainman", where Dustin Hoffman played the role of a man with autism...

But that all changed pretty suddenly!

Like most people, when my life was touched by autism **we didn't know where to turn or what to believe...**

The 'specialists' who were supposed to help me did little to tell me about all the options available...

And when I asked them about special classes and treatment options - well let's just say they **weren't very helpful**.

So, I searched high and low for practical advice and methods I could in place, but struggled to find anything useful.

The few resources I did find were either poorly written, written for doctors or medical practitioners, contained out-of-date information or only gave part of the information that I needed.

I'm sure you've found the same... Come across similar frustrations on your journey to understand autism.

So for me, the only option available was to find the answers myself...

I spent many hours, days, weeks and months researching proven techniques to really

understand and manage Autism (As a Health Researcher I already had a headstart on most people).

And the information I discovered all those years ago led me to the path that I'm on today, helping people just like you improve their lives and the lives of their loved ones with autism.

The funny thing is that I never set out to become an autism "expert" - but it was clear when **thousands of people like you, whose lives have been effected by autism** flooded to join my autism newsletter (now over 20,000 members strong) that our community finally needed the "truth".

So, I gathered together all the methods that have been proven to work with autism into a comprehensive, but easy to understand resource for anyone looking for autism answers.

More on this in just a moment...

Autism's Now a Worldwide Epidemic!

Did you know that recent studies have shown there's currently what the media are referring to as a "worldwide autism epidemic".

In fact, based on official figures, more than **1.5 million people are affected in the United States alone**, with one in every 150 children diagnosed.

But that's just the tip of the iceberg...

- **In terms of developmental disabilities, autism is the third most common (only mental retardation and cerebral palsy rank ahead of it)**
- Families with one autistic child have a 2 to 8 percent chance of having another autistic child
- **Autism occurs more often than childhood cancer or cystic fibrosis**
- Boys are three or four times more likely to be diagnosed with an ASD
- **Mental retardation is present in 75-80% of individuals with autism**

Those figures should make EVERYONE take notice...

But there is good news...

- **When autism is detected and treated early disruptive behaviours can be minimized and costs associated with treatments can be reduced by 66%**

And it's also true that early detection and treatment are two key factors that have been proven to improve the quality of life of a loved one with autism--

-- but sadly too often parents get bogged down in confusion about this disorder, what the best treatments are, and find it impossible to take the necessary steps.

Children with Autism Face Unique Educational, Social & Communication Challenges...

As I'm sure you've heard by now, no two people diagnosed with autism are the same...

In fact there's a saying that I like to use when people ask about autism treatments:

“If You've Met One Child With Autism... Then You've Met One Child With Autism.”

So, it's clear that treatment and **education must be individualized** to meet your child's needs and help them build the skills they will need throughout life.

But, it's not just children that need an individual approach... A loved one with autism at any age can benefit from **proven day-to-day treatment methods...**

It's true that the challenges do become different as your child matures into an adolescent, and a whole new set of issues will arise.

Most of these new challenges are the normal issues parents of all teenager faces, however they are **made much "worse" by autism.**

That's because teenagers with autism often have difficulty communicating with their peers and struggle to fit in, but at the same time, they often want to pull away from their parents.

This can leave them with no one at all to talk or turn to.

They also have the issue of “raging hormones”, alongside a limited ability to understand or *appropriately manage sexual behaviors* - which can lead a number of complications.

Raising A Child With Autism Brings New Challenges To Your Family - You Must Be Prepared...

Living with autism also brings added stress to the entire family.

Brothers and Sisters may sometimes feel as though their needs aren't being met or aren't as important to you compared to the needs of their brother or sister with autism.

Also, couples may find their lives revolving around the care of their child with autism and be unable to find time to be with each other.

This is "dangerous ground" and if allowed to continue can lead to the breakdown of the relationship and the family.

And, of course, there are the many ***financial stresses and concerns over the future*** of any child with autism.

As people with autism have a normal life expectancy, naturally plans must be made for their adult life.

Unfortunately, many people with autism are not able to lead independent lives and may not be able to hold down jobs or participate in their communities.

But this doesn't have to be the case...

To help them, you must start planning for their transition to the “adult” world early.

So when your child is ready they can then be helped to find appropriate employment that includes his or her skills and interests, while keeping challenges linked to autism at a minimum.

OK - let's stop here for a second... I'd like to make something clear right now...

A diagnosis of autism definately SHOULD NOT be seen as a guarantee of a lesser life.

In fact, all you need is the right advice and instruction to ensure your child with autism is placed and stays on the right path -

Unfortunately, useful information you can trust can be hard to find...

This is one of the reasons **I carried out a survey of 500 of my newsletter subscribers, all who have loved ones with autism.**

The information I gathered from this pioneering study gives parents, caregivers and professionals "tried and tested" answers to the buring questions they have about living and treating autism.

For Example...did you know that the top rated effective treatment for autism is Applied Behavioural Analysis (based on a survey I carried out of 500 people who have loved ones with autism in 2007)

This lack of relevant and critically important information is the reason I wrote a comprehensive book covering all the essentials anyone with a loved one with autism should know.

The book has one simple goal - To make life better for all those whose lives have been touched by Autism...

Since writing the first edition, my downloadable book (revised edition now available) has helped thousands get a better life for themselves, their family and most importantly their loved one with Autism.

This is the downloadable book that will **calm your fears, put your mind at ease and help you develop a workable plan for your family and your loved ones future.**

Introducing "The Essential Guide to Autism..."

Here is just some of what you'll learn when you download your copy today:

 **13 common ASD (Autism Spectrum Disorder) misconceptions and the real truth for each** – this information will greatly help put your mind at ease about this “mysterious” disorder

- ✓ **The three main signs of autism** – and how to quickly and easily recognize each.
- ✓ **The three broad categories of autism** – and how to immediately tell in which category someone with autism belongs and what this means for their treatment
- ✓ **The 5 most recent, most accepted theories about the cause of ASDs** – this information may surprise you
- ✓ **13 questions all concerned parents should ask themselves if they think their child may have autism** – your responses to these questions will ensure you know what step to take next
- ✓ **28 additional signs of autism** – you'll know exactly what behaviors to look for when assessing your child or loved one
- ✓ **Common treatments for autism** – and how to know if a treatment is right for your child or loved one
- ✓ **18 questions you should always ask before submitting your child or loved one for a particular treatment** – this information will help ensure your child receives the treatment that's right for him or her
- ✓ **The six most common autism treatments used today** – plus, whether or not it is good to combine treatments
- ✓ **The positives and negatives of using Applied Behavioral Analysis to treat autism** – and how to tell if your child is right for an ABA program
- ✓ **How to choose an ABA provider** – including four things that you should always look for before deciding upon a provider
- ✓ **The five steps involved in a successful Floor Time program** – if a program doesn't include all five of these steps then it is definitely not right for you child
- ✓ **The effectiveness of the most common alternative autism treatments** – plus, 14 things that you should always look for before selecting an alternative treatment program
- ✓ **How to use the diet to help control autism naturally** - diet experts agree that many symptoms can decrease in severity and some may even disappear with a change in diet ... learn more here
- ✓ **Supplements that have been shown to benefit those with autism** – and how to ensure your autistic child takes the supplements without having a battle on your hands
- ✓ **6 tips for a successful supplementation program** – these tips will help you cut costs and ensure that your child adjusts to the program quickly and easily

- ✓ **How to cope with the stress of raising a child with autism** – this information will have you feeling better and more relaxed than you have in years
- ✓ **How to ensure the safety of a a child with autism** – follow these 12 simple tips and your child's safety is practically guaranteed
- ✓ **How to ensure the education needs of your child with autism are being met** – including seven questions that you should always ask your child's school
- ✓ **How to deal with an adolescent with autism**– follow these tips to safely navigate your way through this difficult time in anyone's life
- ✓ **How to plan for your child's transition to adulthood** – including 13 questions you should ask yourself
- ✓ And much, **much more!**

Here is a list of some of the topics the Essential Guide To Autism covers in-depth:

- ✓ **THE HISTORY OF AUTISM SPECTRUM DISORDERS**
 - **Discovering Autism**
 - **Myths Surrounding ASDs**
 - **Autism and the MMR Vaccine**
 - **Other Common Myths**
- ✓ **AUTISM SPECTRUM ORDERS DEFINED**
 - **Types of ASDs**
 - **Asperger Syndrome**
 - **Kanner's Syndrome**
 - **Childhood Disintegrative Disorder**
 - **Rett Syndrome**
 - **Causes of ASDs**
 - **Signs Pointing to ASD 2**
 - **Diagnosing an ASD**
 - **ASD Statistics**
 - **AUTISM TREATMENTS**
 - **Applied Behavioral Analysis**
 - **History of ABA and Autism**
 - **ABA and Autism Research**
 - **ABA Basics**
 - **Children Best Suited to ABA**
 - **The Pros and Cons of ABA**
 - **Choosing an ABA Provider**
 - **Floor Time**
 - **Occupational Therapy and Sensory Integration Therapy**
 - **Relationship Development Intervention (RDI)**
 - **Speech Therapy**
- ✓ **ALTERNATIVE AUTISM TREATMENTS**
 - **Facilitated Communication**

- **Holding Therapy**
- **Auditory Integration Therapy**
- **Dolman/Delacato Method**
- ☑ **MANAGING AUTISM NATURALLY**
 - **The GFCF Diet**
 - **Starting a GFCF Diet**
 - **Foods to Avoid**
 - **Foods to Include**
 - **Dietary Supplements and Autism**
 - **Starting a Supplement Regimen**
 - **Tips for a Successful Supplement Regimen**
- ☑ **GROWING UP WITH AUTISM**
 - **Autism and the Family**
 - **Coping with Stress**
 - **Siblings of Autistics**
 - **Grandparents of Autistics**
 - **Home Safety**
 - **Educational Needs**
 - **Dealing with the Autistic Adolescent**
 - **Managing Loss of Normalcy**
 - **Using Interests to Boost Self-Esteem**
 - **Autism and Developing Sexuality**
 - **Transitioning to Adulthood**
- ☑ **LIVING WITH AUTISM**
 - **Planning for your Autistic Child's Future**
 - **Finding the Right Living Arrangements**
 - **Making the Leap from School to a Career or Job**
 - **Finding an Employment Fit**
 - **Financial and Insurance Implications**
 - **Strategies for Everyday Living**

So, This is Your Chance to Get the Step-by-Easy-Step Instructions You Need to Ensure Your Child Receives the Best Treatment Available.

I have made sure that this is the best, most comprehensive and easy to use downloadable book on autism written!

So, Isn't It Time You Gained a Better Understanding of Autism?



How much would you expect to pay for expert advice and information that quite literally could *change yours and your child's life*?

... providing you with the knowledge you need to ensure he or she receives the *best treatment available*?

Certainly, "specialists" wouldn't think twice about charging you hundreds of dollars for this information, but you won't have to pay anywhere near that much for **The Essential Guide to Autism**.

The price of the Essential Guide To Autism has been kept

deliberately low so that as many people as possible can benefit from the wealth of autism information it contains.

Improving The Life of Someone With Autism

Discover Proven Strategies To Improve The Life of Someone With Autism...

As a parent, teacher or caregiver you may already know the frustration of trying to communicate and connect with children or adults who have autism.

- **You may feel ignored as they engage in repetitive behaviors**
- **You may despair at the “strange” ways they express their inner needs**
- **You may feel sorrow that your hopes and dreams for them may never materialize.**

But there is help and hope.

Today, many children with autism attend school alongside their peers...

There are proven **Methods available to help improve social, language, and academic skills.**

Some programs are demonstrating that with the right support, many with autism can have meaningful jobs, have fulfilling relationships and **participate fully in community life.**

So, don't you owe it to yourself and your child to learn everything you can about autism - so you ensure they receive the right treatment and get the **best shot at living a rich and fulfilling life?**

The Essential Guide to Autism Will Answer Your Autism Questions!

You'll learn the answers to such questions as:

- What Is Autism?
- **How Is Autism Diagnosed?**
- What Causes Autism?
- **Are There Disorders That Accompany Autism?**
- Is There Reason for Hope with Autism?
- **How can Social Skills and Behavior Be Improved?**
- What Autism Medications Are Available?
- **What Are the Educational Options for Autism?**
- Can Autism Be Outgrown?
- **How Can Adults With Autism Live Independent Lives?**
- How Do Families Learn to Cope With Autism?
- **What Hope Does Research Offer for Autism?**
- What Are Sources of Autism Information and Support?
- **And much more!**

And so much more!

**What is an Instant
Download?**

So What Are You Waiting For?

Thanks to **The Essential Guide To Autism** being an Instant download you can begin benefiting from the in-depth information and advice in just seconds from now!

Yes, you can discover new methods to maximize the potential of a loved one with autism!

Don't worry if you're feeling a little bit confused, (and perhaps even a little bit scared) about the future for your loved one it's totally normal.

This book will help alleviate those concerns... thanks to the proven tips and practical advice revealed in this comprehensive resource!

Download this information now and gain new insights into this condition and help your child live a full and interesting life!

Even if you have never downloaded anything from the Internet before, it's **incredibly easy to do.**

And by taking advantage of **instant download**, you will also enjoy these benefits:

- **No shipping costs.**
- **No waiting time, forget having to wait weeks for delivery.**
- **No risk of your product being lost or damaged in the mail.**

But Don't Take My Word For How The Essential Guide To Autism Has Helped! See What Others Have Said...

"I wanted to write to you to say how happy I was getting a **"to the point information"** instead of all the techinal stuff I was trying to understand on different web sites that I had found."

Carmen

"Oh Rachel, thank you so much with all of my heart. **At last I can tell everyone that my beautiful little 5 year old grandson is NOT lazy, is NOT naughty, and above all is NOT stupid.** I have known all along that he is a very troubled little boy.... . Thankyou and bless you."

Beryl Ballantyne

"I would just like to thank you for all the information you have provided. **They were very helpful and I have learned a great deal on autism."**

Seba

"I am glad that you do what you do. **I am an adult with High Function Autism I am also deaf.** I read a lot on children with autism, but rarely are things geared toward adults. We are forgotten when we turn 18."

Amanda

"I wanted to thank you very much for the very useful information you have sent us. My partner and I do alot of special needs teaching and your help is greatly appreciated .Please keep it coming. Thanks again."

Y olandi Coertze

"Thanks for the great information. **It is information that will be really helpful to me with my student.**"

Glenda Greenwood

"The diagnosis was not autism...however, **your info is precise, informed and decidedly helpful for those facing life with person of special needs.** thank you."

Ann

"**Thanks for all of your great work and efforts in getting this very contraversial issue out to the public.** It is so confused with other dissabilities such as ADD, ADHD, etc. Autism is nothing like any other. It has its own issues that doesn't compare with what they teach in public schools. Many teachers are not prepared for these types of children. They do not specialize in this disorder which they confuse it all together. Of course, that is my own opinion.

Please keep up of the great work as I truly support you all of the way in your wonderful success..."

Sincerely,
Carolyn Diann Fuentes

The Essential Guide To Autism Saves You & Your Family Countless Hours of Precious Time and Heartache -

Only The **Essential Guide to Autism:**

- ✓ **Debunks myths about autism** while providing the true history of the disorder
- ✓ **Looks into the causes of autism** and explains why people with ASDs act the way they do
- ✓ **Informs parents on what to expect** when raising an autistic child and what vital steps should be taken after a diagnosis of autism
- ✓ **Provides vital information** on treatments, therapies, and interventions
- ✓ **Understands what it's like to be a parent** of an autistic child and offers 'real

world' coping tips

- ✓ **Reveals what family life** can be like for siblings
- ✓ **Explains what the educational prospects** are for a child with autism
- ✓ **Reveals how an individual with autism can fit into the community** and what the future may hold for that child



**And You Get My 8 Weeks “No-Quibble”
100% Money-Back Guarantee.**

You've Got Absolutely Nothing to Lose!

I am so sure that you'll love **The Essential Guide to Autism** that I'm offering an unconditional “no-quibble” 100% money-back guarantee.

If you're not completely satisfied with your order, simply notify me within 8 weeks and I will refund your money, *in full*, with absolutely no questions asked!

You've got absolutely nothing to lose - and a wealth of autism information to gain!

Plus, don't forget, as **The Essential Guide to Autism** is an instant download you'll be downloading, reading and benefiting from the all the advice and comprehensive information contained inside within minutes.

Rachel Evans

So here's the thing... you can keep on spending days searching for autism information - But this can take a huge amount of time... and you want to do something for your loved ones now right?

The health and well being of your loved one is too precious, and you deserve better.

Think about all the years you and your child with autism have left to live - Do you really want to wait before learning the best treatments and life enhancing strategies ... when **you can start discovering them today?**

You know that the confusion and uncertainty really can't be good for you and your family.

But now you have found this website you have a choice - A chance to learn about the latest autism treatment methods, and create a better future for all the family.

Just imagine that.

And if for some reason the information in The Essential Guide To Autism doesn't help you -- you won't be out of pocket.

Because if The Essential Guide To Autism doesn't help you learn new methods to improve the potential of a loved one with autism, you'll get your money back.

Wouldn't it be great if everyone did business this way?

You're Only Moments Away...

YES, Rachel! I Want To Download My Copy Of The Essential Guide To Autism!

- ✓ **I understand** that by reading the Essential Guide To Autism I will discover proven methods to maximize the potential of someone with autism
- ✓ **I understand** that I'm covered by your 8 week "no-quibble" full money back guarantee. If the information doesn't work, or if I'm not happy for any reason, I can simply request a 100% refund of what I paid you...
- ✓ **I understand** that the Essential Guide To Autism covers the most effective treatment options available, as well as strategies to manage many aspects of life as the person with autism moves towards adulthood.

And...

- ✓ **I further understand** that I will receive 3 extensively researched valuable bonus Downloadable Books listed below, absolutely free when I order my copy of Essential Guide To Autism today...

3 Special BONUS REPORTS!

FREE Bonus 1: "Essential Guide to Asperger's Syndrome"

FREE Bonus 2: "Recognizing and Treating ADHD"

- ✓ 5 possible causes of Asperger's Syndrome
- ✓ **2 common alternative treatment** methods for Asperger's
- ✓ **6 signs** to look out when seeking a diagnosis
- ✓ How to use the diet to help control AS naturally
- ✓ One of the **best things** you can do for your child with Asperger's

- ✓ A complete overview of ADHD
- ✓ How to tell if your child should be evaluated for ADHD
- ✓ **6 possible causes of ADHD**
- ✓ 4 dietary changes that can reduce ADHD symptoms
- ✓ Natural therapies that are **effective in the treatment of ADHD**

Retail Value: **\$37.77**
Today: **TODAY - FREE!**

Retail Value: **\$37.77**
Today: **TODAY - FREE!**

✓ **FREE Bonus 3: " Irritable Bowel Syndrome Relief Secrets"**

- ✓ **What causes IBS** - this may surprise you.
- ✓ 4 ways to improve the immune system and reduce symptoms - follow these tips to get on the fast track to reclaiming control.
- ✓ The **common symptoms of IBS**, including the four main ones - and how to manage them all effectively.
- ✓ **Effective strategies** you can use to treat IBS symptoms - and even eliminate them for good.

Retail Value: **\$37.77**
Today: **TODAY - FREE!**

Total Bonus Value: **\$113.31**
Essential Guide To Autism: **\$37.77**

Total Value: **\$151.08**

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Only \$37.77!**
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And Get Immediate Access**



**We Accept Visa, Mastercard, Discover & American Express
Credit Cards, Debit Cards & Paypal**



It doesn't matter if it's 2:00 a.m. in the morning!



You will be downloading and reading your guide within just a few minutes ... and taking action and discover the methods you can use to make life better for you and your family!

You have absolutely nothing to lose...

Download your copy of the Essential Guide To Autism and the special bonuses, today and get the peace of mind you and your family deserve.

Sincerely, your friend

Rachel Evans



P.S Remember, you're making this order at absolutely **no risk**. So grab this special price while you can! If **The Essential Guide to Autism** isn't everything you were expecting, simply notify me within 8 weeks and I'll refund your money immediately.

P.P.S Let me give you one more reason why you should order this downloadable book today:

It gives you the very best advice and information on autism in one easy-to-use resource.

Why spend hours and hours tracking down information that may or may not be reliable when you can learn everything you need to know about autism in one convenient, inexpensive downloadable book?

[Click Here to instantly download your copy of The Essential Guide To Autism, and discover methods to maximize the potential of your loved one with autism -- 100% money back guarantee](#)



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